



BREAKFAST

(From 6:00am to 12.00am)

BREAKFAST PENHA LONGA

42,00€

Orange or Grapefruit Juice

Selection of Portuguese and European Cheeses 🍷

Eggs Cooked to Your Preference 🍳

Variety of Pastries and Fruit Jams 🍞 🍷 🍷

Seasonal Fruit with Yogurt 🍷

Coffee, Tea or Milk 🍷

FITNESS BREAKFAST

32,00€

Detox Juice or Orange & Carrot Juice

Egg White Omelette with Spinach and Mushrooms 🍳

Wholegrain Bread or Toasts with Fruit Jams 🍞

Muesli or Oatmeal Porridge 🍷 🍷 🍷

Seasonal Fruit and Berries with Yogurt 🍷

Coffee, Tea or Skimmed Milk 🍷

CONTINENTAL BREAKFAST

28,00€

Orange Juice

Variety of Breads and Pastries with Fruit Jams 🍞 🍷 🍷

Seasonal Fruit and Berries with Yogurt 🍷

Assorted Local Charcuterie and Cheese 🍷

Coffee, Tea or Milk 🍷

AMERICAN BREAKFAST

32,00€

Orange Juice

Eggs Cooked to Your Preference, Bacon, Sausages,

Mushrooms, Potatoes and Toast 🍞 🍷 🍷

Variety of Pastries with Fruit Jams 🍞 🍷

Seasonal Fruit and Berries with Yogurt 🍷

Coffee, Tea or Milk 🍷

Guests with breakfast included at the restaurant may choose to have the continental breakfast served in their room for an additional charge of €10 per delivery

VAT included at the current legal



BREAKFAST À LA CARTE

(From 6:00am to 12:00am)

EGGS

Cooked to Your Preference: Fried, Poached, Boiled, or Scrambled (served with bacon, sausages, tomato, mushrooms, and potatoes) 🍳	18,00€
Omelette with Your Choice of Ingredients: Ham, Cheese, Onion, Tomato, or Bell Pepper (served with potatoes, bacon, and tomato) 🍳	20,00€
Eggs Benedict with Spinach, Cured Ham, and Hollandaise Sauce 🍳🍷🍷	23,00€

YOGURTS, CEREALS AND FRUITS

Fresh Seasonal Fruit	18,00€
Corn Flakes, All Bran, Special K, or Choco Pops 🍷	9,00€
Oatmeal Porridge with Honey, Berries, and Cinnamon Sugar 🍷🍷	14,00€
Bircher Muesli with Nuts, Apple, and Honey 🍷🍷🍷	22,00€
Flavored or Natural Yogurt 🍷	8,00€

BREADS AND PASTRIES

Variety of Bread or Toasts: White, Brown, and Wholegrain with Fruit Jams 🍷	9,00€
Assorted baked croissants and pastries 🍷🍷🍷	9,00€
Danishes and Pain au chocolate 🍷🍷🍷	9,00€

SPECIALTIES

Belgian Vanilla Waffles with Maple Syrup, Berries, and Whipped Cream 🍷	19,00€
Pancakes with Red Fruit Jam and Crème Fraîche 🍷🍷🍷	18,00€
French Toast with Sugar, Cinnamon, Pear, and Maple Syrup 🍷🍷🍷	18,00€
Croque Monsieur 🍷🍷	19,00€
Monte Cristo Sandwich 🍷🍷	19,00€
Bagel with Salmon, Cucumber, and Cream Cheese 🍷🍷	19,00€
Sautéed Mushrooms with Pearl Onions and Chives 🍷	17,00€
Roasted Potatoes and Sweet Potatoes with Red Onion and Herbs 🍷	15,00€
Selection of Portuguese and European Cheeses with Jam 🍷	18,00€
Selection of Portuguese Cold Cuts, Ham, and Toasts 🍷	19,00€

BEVERAGES

Orange, Grapefruit, Apple, or Pineapple Juice	10,00€
Coffee, Decaffeinated Coffee, Tea, Hot or Cold Milk, Soy Milk 🍷	6,00€
Hot or Cold Chocolate 🍷	6,00€
Daily Detox Juice	10,00€
Half Bottle of Champagne	65,00€

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LUNCH AND DINNER

BITES

Chicken wings with sweet chili sauce and chives	12,00€
Alheira Sausage Balls with Reinette Apple Purée	8,00€
Mushroom Croquettes with Truffle Mayonnaise	11,00€
Iberian Ham Croquettes	14,00€
Board of Portuguese Cheeses and Cured Meats with Jam	28,00€

SOUPS

Chicken Broth	13,00€
Sweet Potato Caldo Verde with Mini Chorizo Bread	15,00€
Pumpkin Cream Soup with Ricotta and Seeds	15,00€

ON THE BREAD

Penha Longa Club Sandwich	22,00€
Penha Longa Burger	24,00€
Beef Steak Sandwich on Bolo do Caco with Mustard	24,00€
Sautéed Mushrooms on Brioche	21,00€

SALADS

Traditional Caesar Salad	19,00€
Chicken Caesar Salad	21,00€
Shrimp Caesar Salad	23,00€
Caprese Salad	21,00€
Tomato Salad with Goat Cheese, Lettuce, and Oregano	19,00€
Beef Carpaccio with Pesto and Arugula	21,00€

PIZZA

Margherita Pizza	22,00€
Caprese Pizza	24,00€
Pepperoni Pizza	24,00€

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LUNCH AND DINNER

PASTA AND RISOTTOS

Spaghetti / Penne / Tagliatelle / Gnocchi 🌿

With your choice of: Bolognese, Tomato, Amatriciana 🍷🍷
or Carbonara

23,00€

Mushroom Risotto 🍷🍷

25,00€

Shrimp Risotto, hot chili pepper, coriander and yuzu 🍷🍷

28,00€

FISH

Seabass with celery purée and sautéed vegetables 🍷

34,00€

Browned salmon, carrot and galangel purée, lemon
farofa and a vièrge sauce 🌿

30,00€

MEAT

Beef loin, potato terrine and mushrooms textures 🍷

34,00€

Chicken or ½ chicken, with lemon and piri-piri sauce,

French fries and tomato salad

27,00€/18,00€

VEGAN OPTIONS

Tempeh salad, grilled vegetables, Esporão olive oil and
crispy lekk 🍷

18,00€

Wrap with falafel, romesco sauce and cucumber pickle 🍷🍷🌿

19,00€

DESSERT

Chocolate 70% brownie, hazelnut and cream caramel “Gold” 🍷🍷🍷 **10,00€**

Apple and raisin strudel and vanilla crème brûllè 🍷🍷🌿 **10,00€**

Exotic cheesecake, confit pineapple and creamy coconut 🍷🍷 **10,00€**

Häagen-Dazs ice cream selection 95grs 🍷 **7,00€**

Sliced fruit 🍷

10,00€

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ASIAN FLAVORS

(Available for dinner from Tuesday to Saturday,
from 7:00pm to 10:30pm)

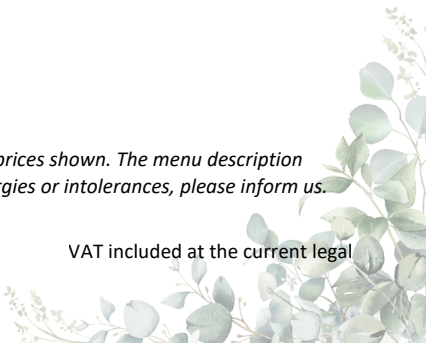
Chicken yakisoba with gari 🌿	19,00€
Shrimp yakisoba with crispy onion 🌿	21,00€
Vegetables yakisoba 🌿	15,00€
Chicken gyozas with chives 🌿	12,00€
Vegetables gyozas with chives 🌿	11,00€

SASHIMI & SUSHI

Sashimi Moriwase – 20 pieces 🌿	32,00€
Sashimi Moriwase – 30 pieces 🌿	52,00€
Sushi Kudasai (1 uramaki, 2 hosomaki e 4 nigiri) 🌿	58,00€
Salmon nigiri – 2 pieces 🌿	10,00€
Nigiri Selection – 8 pieces 🌿	42,00€

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KIDS MENU

(Purred food for babies up to 3 years, available free of charge upon request)

STARTERS

Vegetables cream soup 	6,00€
Chicken broth with pasta 	8,00€




MAIN DISHES

Breaded fish filets with rice 	10,00€
Salmon filet with mashed potatoes 	14,00€
Seabass filet with vegetables	16,00€
Beef escalop with french frie	14,00€
Grilled chicken breast with carrot and rice	12,00€
Cheeseburger 	14,00€
Cheese and ham toast 	10,00€
Crispy chicken nugget 	8,00€

KIDS PASTA

Spaghetti or Penne (Bolognese or Pomodoro) 	12,00€
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DESSERTS

Chocolate mousse 	5,00€
Ice cream scoop with cookies 	5,00€
Fruit jelly	5,00€
Fruit salad 	5,00€

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LATE SNACKS

From 6:00am to 6:00pm

BITES

Vegetables cream soup	15,00€
Crispy chicken wings	12,00€

SALADS

Traditional Caesar Salad	19,00€
Chicken Caesar Salad	21,00€
Shrimp Caesar Salad	23,00€

ON THE BREAD

Penha Longa Club Sandwich	22,00€
Penha Longa Burger	24,00€

PASTA

Spaghetti al pomodoro	23,00€
Penne bolognese	23,00€

PIZZAS

Margherita Pizza	22,00€
Caprese Pizza	24,00€
Pepperoni Pizza	24,00€

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Seafood is critical for the health of our planet, the communities where we do business, the business we operate, and the guests we serve. Our global portfolio of hotels carries the responsibility to source the most responsible seafood in support of our "Serve 360 2025" & social impact goals

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WINES



CHAMPAGNE & SPARKLING WINES

Murganheira Brut Reserva
Kompassus Brut

Glass	Bottle
14,00€	68,00€
	90,00€

André Clouet Grande Reserva
Ruinart Brut

34,00€	170,00€
	200,00€

ROSÉ WINE

Casa Cadaval (Tejo)

12,00€	45,00€
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WHITE WINE

Cachão (Douro)

9,50€	40,00€
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Quinta do Valdeioiro, "Chardonnay" (Bairrada)

12,00€	45,00€
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Quinta de Chocapalha, "Sauvignon Blanc" (Lisbon)

	58,00€
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Quinta do Azevedo, green wine

11,00€	44,00€
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Soalheiro Alvarinho

	57,00€
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RED WINE

Cachão (Douro)

9,50€	40,00€
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Quinta do Valdeioiro, "Cabernet Sauvignon" (Bairrada)

14,00€	46,00€
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Caladessa (Alentejo)

	45,00€
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Casa Cadaval Pinot Noir (Lisbon)

17,00€	65,00€
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Cachão Reserva Tinto (Douro)

16,00€	58,00€
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Sommelier suggestion of wine by the glass 10€

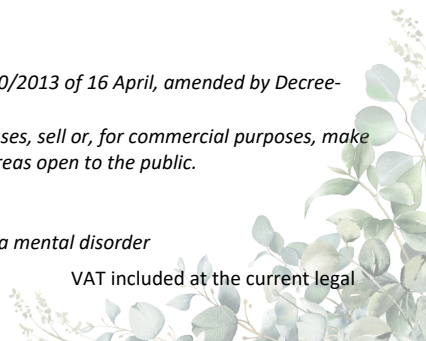
Under the terms of No. 1 of Article 30 of Decree-Law No. 50/2013 of 16 April, amended by Decree-Law No. 106/2015 of 16 June:

It is prohibited to provide, regardless of commercial purposes, sell or, for commercial purposes, make available any alcoholic beverages in public places and in areas open to the public.

A. To persons under 18 years of age

B. To anyone who is visibly intoxicated or appears to have a mental disorder

VAT included at the current legal



BEVERAGES

(Cocktails and mocktails available
from 12:00pm to 12:00am)

COCKTAILS

Bloody Mary	18,00€
Negroni	18,00€
Old Fashioned	18,00€
Mojito	18,00€
Caipirinha	18,00€
Shirley Temple - Mocktail	16,00€
Pink Mojito - Mocktail	16,00€

APERITIF

Madeira Bual 5 Years	11,00€
Messias Extra Dry White Port	16,00€

WATER

Still Water	5,00€
Sparkling Water	5,50€
Castello Sparkling Water	3,50€

MILKSHAKE

Chocolate 🍷	10,00€
Vanilla 🍷	10,00€
Strawberry 🍷	10,00€



A service charge of 10€ per delivery will be added to the prices shown

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BEVERAGES

FRESH JUICES

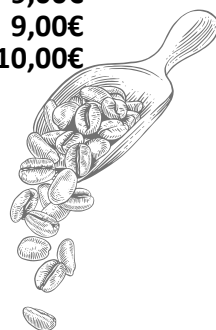
Orange Juice	10,00€
Pineapple Juice	10,00€
Grapefruit Juice	10,00€

BEVERAGES

Coffee, Decaffeinated Coffee, Tea, Cappuccino, Hot Chocolate ☕	6,00€
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BEER & SOFT DRINKS

Soft Drinks	6,50€
Sagres Beer 33cl	9,00€
Heineken	9,00€
Sagres 0.0% Beer	9,00€
Corona Beer	10,00€



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Our coffee and tea come from sustainable, local sources, supporting both the environment and our community.

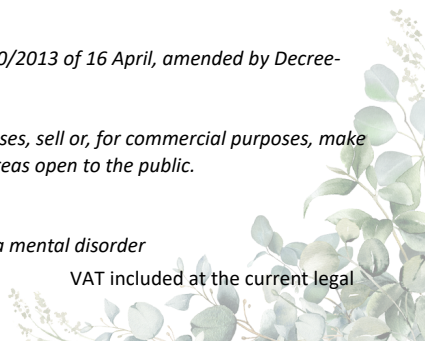
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ALLERGENS


Gluten 

Dried fruits 

Vegan 

Dairy 

Vegetarian 

Egg 

Seafood 

Mustard 

